



**Wenatchee
Kennel Club**
P. O. Box 805
Wenatchee, WA 98807
886-DOGS (3647)
wenatcheekennelclub.com

President: Louise Day
Vice-President: Sue Severson
Treasurer: Willard Fields
Secretary: Jan Barclay

Directors: Chuck St. John,
Mike Barclay, John Njus,
Marshall Brown

THE PAWPRINT

The Monthly Newsletter of the Wenatchee Kennel Club

The Wenatchee Kennel Club (WKC) is a 501(c)(3) non-profit organization. Its purpose is to further the advancement of all breeds of purebred dogs and provide education for their responsible breeding; conduct events under the rules of the American Kennel Club and to hold other events as approved by the Wenatchee Kennel Club; and provide education, training, and information regarding the responsible ownership, care and exhibiting of all dogs. Those interested in becoming members are invited to contact WKC at (509) 886-DOGS (3647).

**January
2020**

Upcoming Event

**Wenatchee Kennel Club Awards Banquet
Wenatchee Masonic Temple
811 N. Chelan Ave.
Saturday, Jan. 25, 2020
Social at 6 p.m. Dinner at 6:30 p.m.**

Do Dogs Make Us Live Longer?

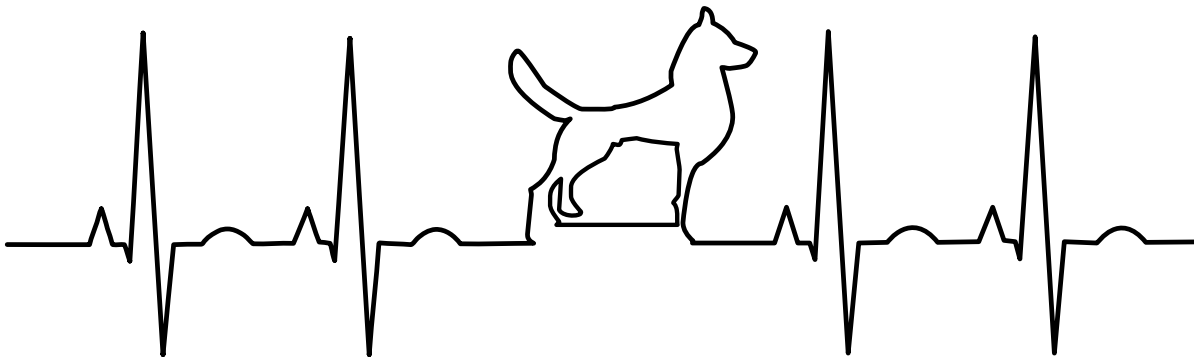


Image by Gordon Johnson

There's been many studies over the years that show relationships between dog ownership and well-being. Dogs have been shown to reduce anxiety, improve mood, and increase self-esteem in humans. Therapy dogs have been associated with reduction in stress and pain for patients.

In October, a new review of 70 years of research on the relationship between dog ownership and human mortality and cardiovascular (heart) health found a strong association between reduced mortality and dog ownership.

Dogs and Cardiovascular Health, continued

Combining data from 10 previous research studies with a total of 3.8 million participants, the review found that dog ownership was associated with a reduction in death from any cause of 24%, and a reduction in death from cardiovascular disease of 31%.

While that sounds pretty amazing, a cautionary note about interpretation: studies can show a relationship between dogs and longer life, but it is much harder (if not impossible) for research to show that dog ownership **causes** people to live longer. It's possible that other reasons lead to both dog ownership and better health - for example, people that are more physically active may be more likely to get a dog. Research showing causation would require taking a large group of people, assigning them at random to either own dogs or not own dogs, and then tracking their health over many decades. Not too many people are going to be willing to own dogs (when they don't want them) or not own dogs (when they really do want dogs) just for a research study, so this 'blue ribbon' standard of research isn't really possible.

Still, the idea that dogs help people live longer is an intriguing possibility, enough so that the American Heart Association felt the need to put out a recommendation that people should not get a pet just to improve their heart health. (No kidding!)

And the next time your furry friends make you smile or coax you outside for a bit of activity, don't forget to thank them for their caretaking efforts!

Research article:

Kramer et al. 2019. Dog ownership and survival: a systematic review and meta-analysis. Circulation: cardiovascular quality and outcomes 12:10:e005554.



Tracking and Scent Work Trials in March!

WKC will hold its Tracking Tests on Sunday, March 15, 2020 at the KV Ranch in Palisades, WA. Tests are at two levels: Tracking Dog (TD) and Tracking Dog Excellent (TDX).

AKC Tracking Tests allow dogs to demonstrate their natural ability to recognize and follow human scent. This vigorous outdoor activity is great for canine athletes. Unlike Agility and Obedience events that require a dog to qualify three times, a dog only needs to complete one track successfully to earn each title. Volunteers are invited to help with this interesting one-day event. For more information, contact Maggy Susman at conceptsink@charter.net. The premium is on the WKC web site at: www.wenatcheekennelclub.com/events and registration is open.

WKC will also hold a Scent Work trial in the training facility on March 20-21-22. Elements to be tested are Handler Discrimination, Container and Buried. All Levels will be offered.





Louise's Corner

That special time of year has come around again. The annual meeting will be at the Masonic Center on Chelan Avenue again this year. It will be catered by one of the groups there. The Masonic Center rental is free with a 25.00 per person charge for the meal for nonmembers. Members will not pay for their dinner again this year.

Social hour will start at 6:00 and dinner will start at 6:30 PM. There is no alcohol allowed in the Masonic Center, so punch and other drinks will be provided. Please send in your reservations to me at nfday@msn.com. I still have a lot of you that usually come that have not let me know.

A reminder that the nominating committee (Marshall Brown and Jan Flatten) are still taking nominations for the four offices and a board position. If you are interested in one of these positions let them know.

This last year has been a great one for our Kennel Club. There has been some question on whether the building is paying for itself. I am happy to report that it has paid for itself since we have moved into it. We also had a very profitable year with our Dog Show, Scent Work, Obedience and Rally events and the Agility Trial. But the classes have been paying for the building. Willard will give a detailed report at the annual dinner.

I would like to thank Sue Severson for her many years of service to our Club serving as our Vice President. She has been there for me when I could not be at a meeting, plus serving on our early fund-raising committee for the building. We will miss you.

I have been in contact with AKC and they are going to reconsider our request for a third dog show on Friday. It will be about a month before we know if they will approve us.

Louise



In Memorium

Shirley Ross, a Wenatchee Kennel Club member from 2005 to 2016, passed away in December at the age of 90. After retiring from a long career as an educator, Shirley took up Agility and enjoyed competing with her Standard Poodles.





JAX

German Shepherd

I
Per Jax:



"Hi everyone!...I just have to say to all of you "HAPPY NEW YEAR". We are going to have so much fun with everything we are learning: having a title of Champion with AKC, an Obedience Title, oh yes and the Rally Title (which is a favorite of mine). A Tracking Title, Hunting Title, Scent Work Titles, Barn Hunt Titles, Agility Titles, Therapy Work Title, and then the graduation certificates from Puppy Class, Senior Puppy Class, and more to come. It is so exciting to know that we have this wonderful new training facility so we can all learn and then go to an event where we can show off our stuff.

Until next time!
Carol

MEMBERSHIP

For this newsletter, I would like to present to you our 16 new members whom you voted into membership during 2019. They are:

- Sara Elzey - Vizsla and 3 mixed breeds - voted in January 26, 2019
- Erin Anderson (Fisher) - Newfoundlands and Leonbergers - voted in February 25, 2019
- Kristy Allen - 2 Mixed Breeds - voted in February 25, 2019
- Diane Gallatin - Tibetan Terrier - voted in April 29, 2019
- Tami Woolsey - Mini Aussie - voted in May 28, 2019
- Karen Haase - All American - Call Name is "Bullet" - voted in July 29, 2019
- Mark & Janice Carroll, and Max Nimz - German Shepherd - voted in August 26, 2019
- Bonnie Walker - German Shepherds - voted in September 30, 2019
- Becky Peters - Mixed Breed - "Coco" - voted in October 28, 2019
- Gayle Dow - Golden Retriever - voted in November 25, 2019
- Nicole Anderson - Standard Poodle - voted in November 25, 2019
- Arlene Neal - French Bulldog - voted in November 25, 2019
- Wanda Cottam - Pumi - voted in November 25, 2019
- Amy Denton - Pembroke Welsh Corgi - voted in November 25, 2019

Hope to see all of you at our annual Banquet Dinner.

We love new members! If you have a friend or family member who is interested in joining or learning more about our Club, please call Carol at (509) 665-9987 for further information.





WKC Elections at the Annual Meeting

There is still time to nominate candidates for the Club election held in January at the annual meeting. To be elected to an office, a member must be nominated by the nominating committee or be nominated from the floor at the annual meeting. This year's nominating committee is Jan Flatten (509-782-2416) and Marshall Brown (509-664-6551).

The offices up for election this year are: President, Vice President, Secretary, Treasurer and one Director. The following members are candidates so far:

President:	Louise Day	1-year term
Vice President:	Marshall Brown	1-year term
Secretary:	Jan Barclay	1-year term
Treasurer	Willard Fields	2-year term
Director (1):	Mike Barclay	3-year term

If you, or someone you know, is interested in being elected to a Club office, please contact the nominating committee chair. Members are encouraged to seek office. Members must be present at the annual meeting and their dues paid to vote and nominate candidates.



WKC Neighborhood Holiday Party

The party was Betsy Metcalf's idea. Judy Johnson (left) and John Njus helped. Everyone had fun!



Linda Harbury wins the Ugly Sweater Contest, AND gets a smooch from a neighborhood pup.





Building Committee Report



John Njus and Evita check out the detention pond.

What’s important about the southwest corner of the property? Answer: *The Detention Pond*. The purpose of the low-lying area is to detain rainwater coming from the rest of the property until it soaks in. The storm that came through early on New Year’s Day demonstrated that the runoff from the building and the parking lot makes its way to the pond, and there were no puddles in the parking lot. Grass will be planted in the detention pond this spring.

Plans are underway for required landscaping, leveling the outdoor practice areas, relocating the irrigation line and fencing. Stay tuned for work party dates.

--Chuck St. John and John Njus, Building Committee Co-Chairs



CHAMPION WKC

As we join in celebrating the numerous successes of our members and their awesome canines this month, **let’s also celebrate our phenomenal club**. There is no other organization that comes close to the accomplishments of the Wenatchee Kennel Club!

Please “champion” WKC by awarding “major” points—a **donation of \$1,000 to the WKC Building Fund**—in honor of a champion of your choice. Your contribution will be greatly appreciated, and you will be recognized at this year’s WKC Awards banquet.

Thank you for championing WKC.





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Mailing Label

CALENDAR

- **Board Meeting, First Monday of each month at 7 PM;** all members welcome
- **Wenatchee Kennel Club Awards Banquet on Jan 25, 2020, social at 6 pm and dinner at 6:30 pm;** Wenatchee Masonic Temple 811 N. Chelan Ave.
- **Current class schedules and more info at www.wenatcheekennelclub.com.**

DISCLAIMER: *The PawPrint* may include articles submitted by others that may or may not reflect the views or position of the Wenatchee Kennel Club's Board of Directors or membership as a whole. These articles are intended to stimulate discussion and further research by our readers to better understand the breadth and complexity of information about our dogs. We encourage input from our readers and members to help us all become well-informed. If you have questions or comments about the newsletter or content, feel free to contact the newsletter editor or one of the WKC officers or board members. **The PawPrint** is sent to WKC members, prospective members, and Wenatchee-area veterinarians. We also exchange newsletters with other dog clubs. Contact Tara Barrett, the newsletter editor for more information at TaraAndOtter@gmail.com. **Advertising: The PawPrint** does not accept advertising.

